

# Want to be a part of H & I ?

## It's simple to join.

*The following are the T.A.S.C. approved requirements for joining the H&I Committee:*

1. Three months of sobriety.
2. Working with a sponsor.
3. Having worked at least Steps 1, 2 and 3.
4. Worked or working with others.

If you meet these simple requirements you are ready to be a part of the H&I TEAM.

### What's the Purpose of a Hospital and Institutional Committee -

The sole purpose of a Hospital and Institutional Committee is to carry the message of Cocaine Anonymous to those in hospitals and institutions. Institutions served may include, but are not limited to, correctional facilities, sanitariums, detox units, juvenile detention centers, half-way houses and shelters; either governmental or private. Confinement may be voluntary or involuntary.

The Committee is organized under the Ninth Tradition of Cocaine Anonymous, which states: "C.A. as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve." C.A. H & I meetings are held at the invitation of the hospital or institution, ever mindful of the admonition "Cooperation, not Affiliation!"

Any member of C.A., invited guest, or interested party may attend the monthly H&I business meeting.

Our 12th step states; "having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principals in all our affairs." The 12th step is not always easy, but we feel it has added something to our lives that is beyond explanation. May your God be with as you carry the message of recovery.

**The H&I Committee meets every 3rd Sunday at 2:PM - 1102 Pinemont, Suite D**



"In the spirit of Tradition Six, C.A. is not allied with any sect, denomination, politics, organization or institution."